

H&F THIRD SECTOR BRIEFING

Welcome to the
September 2010
CaVSA Newsletter!

The Headlines



www.tinyurl.com/zdwbaht

Exciting events... page 4, 5 and 8



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Strengths of the Third Sector

On Tuesday 11th May 2010, Britain's first coalition government for more than 60 years took office. The coalition has at its heart the idea of the Big Society, an array of localist policies, marking a major shift from guaranteed state provision.

The Big Society seems to offer some beguilingly simple solutions:

- make society stronger by getting more people working together to run their affairs locally.
- put more power and responsibility into the hands of locally-based communities, networks and groups.
- generate more community organisers, volunteers, charities, social enterprises and small businesses.



But are these solutions that simple?

Inequality, poverty and unemployment are not problems that communities can solve on their own, so how can voluntary and community organisations work with their communities to influence change and contribute to tackling some of the toughest problems in our society?

On page 3, we explore some of the ways that organisations can respond.

Annual General Meeting

Thursday 2nd December, 2.00-4.00pm
Grove Neighbourhood Centre, Bradmore Park
Road, Hammersmith, W6 0DT

CaVSA
h&f

Voluntary Sector Representatives

The following people have been elected by voluntary and community groups in Hammersmith and Fulham through the Third Sector Networks. Their role is to represent the interests of the voluntary and community sector.



Halema Ismael
Horn of Africa
hacg86@hotmail.com



Phil Amos
Active Planet
phil@activeplanet.org.uk



Paul King
H&F Mind
Paul.King@hfmind.org.uk



Judy Griffith
Nubian Life Resource Centre
judygriffith@nubian-life.org.uk



Bruce Marquat
The Upper Room
infoupperroom@yahoo.co.uk



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Ben Coles
Groundwork London
Ben.Coles@groundwork.org.uk



Marion Schumann
H&F Volunteer Centre
London 2012 Olympics
Marion@hfvc.org.uk



Peter Okali
CaVSA
Local Public Service Board
peter.okali@cavsa.org.uk

CONTACTS

CaVSA SERVICES for Voluntary and Community Groups

Developing Groups and Quality Assurance

Shad Haibatan. Email: shad.haibatan@cavsa.org.uk

Fundraising Support

Susan Westman. Email: support@cavsa.org.uk

Health & Wellbeing Network

Children, Young People & Families Network

Barbara Shelton. Email: barbara.shelton@cavsa.org.uk

Communities, Sport & Culture Network

Regeneration, Employment & Environment Network

Horatio Morgan. Email: horatio.morgan@cavsa.org.uk

Commissioning & Partnerships

Consortium Building

Shani Lee. Email: shani.lee@cavsa.org.uk

Directory of Voluntary and Community Organisations

Olivia Leu. Email: olivia.leu@cavsa.org.uk

Premises

Teresa Meekings. Email: teresa.meekings@cavsa.org.uk

Supplementary Schools Network

Yinka Armartey. Email: yinka.armartey@cavsa.org.uk

Voluntary Sector Apprenticeships

Michael Brosnan. Email: michael.brosnan@cavsa.org.uk

Community Accountancy

Deborah Richards. Email: deborah.richards@cavsa.org.uk

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Winter Closure

The office will be closed from Thursday 23rd December 2010 until Tuesday 4th January 2011

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THIRD SECTOR STRENGTHS



CaVSA's Third Sector Survey, carried out in 2009, identified a sector that is diverse, complex and resilient.

The sector already generates 25% of its income through subscriptions, donations and interest on investments, and attracts a further £2 for every £1 contributed by Hammersmith and Fulham through the Third Sector Investment Fund. In addition, the sector has a rich ecology and organisations have extensive networks within communities.

How can we use these strengths to continue to sustain the sector and the services organisations provide to communities?

1. THIRD SECTOR NETWORKS

The Third Sector Networks enable organisations to get together to share common concerns, learn from each other and find potential partners. Through the networks, organisations can create a common voice.

Hammersmith and Fulham is changing how it wants to engage with voluntary organisations and residents. Whatever structure the Council decides to use, voluntary organisations will still want to come together to further the interests of the sector.

Networks meet several times a year. You can register as a member or find out more by contacting Barbara Shelton or Horatio Morgan (contact details, page 2).

2. CONSULTATIONS

Voluntary organisations can ensure their communities have a voice by encouraging their service users and members to participate in the consultations that will affect them.

For example, in this issue on page 6, people are invited to participate in three consultations around health, premises for voluntary organisations and regeneration. You can make a difference by helping your service users to take part.

3. EXPLOITING INNOVATION

Voluntary organisations are adroit at innovating - the challenge now is to share innovations rapidly between organisations. This means learning how to harness collaborative tools like social media to quickly innovate and share new ideas.

You can learn more at Social Media Surgeries - the next one is on Wednesday 17th November, see page 8 for details.

4. BUILDING CONSORTIA

Consortia of voluntary organisations will be better placed to compete for large public sector contracts with complex financial requirements. The Sector is already establishing a Health and Social Care consortium, with more planned for different service areas. If you would like to know more, contact Shani Lee (contact details, page 2)

We don't know yet how the Big Society will develop, but we can use the strengths of the sector to prepare ourselves and organise together.

YOUR VOICE

WHAT? **Children's Physical Development Classes (CPDC)** - fundamental life and sports skills for children (2 – 5yrs)

Children's YOGA Classes (CYC) - breathing, stretching and postures for children (3 – 7 yrs)

WHO? Active Planet

WHEN? CPDC Mons: 10.00 – 11.00, Edward Woods
CPDC Thus: 15.45 – 16.45, Masbro Centre
CYC TBC, 15.45 – 16.45, Masbro Centre

WHERE? Edward Woods Community Centre, Shepherds Bush
Masbro Centre, Shepherds Bush

INFO: Susie@activeplanet.org.uk;
www.activeplanet.org.uk;
020 3266 0087; £8 per session



Image Credit: 2

WHAT? **Peer support for women experiencing domestic violence**

WHO? WestSide Support Services

WHEN? Monthly on a Saturday

INFO: westside.support@sbhg.co.uk;
020 8996 8810



Image Credit: 1

WHAT? **Basketball & Street Dance Hubs**

WHO? Let Me Play in association with Ealing, Hammersmith & West London College
Every Wednesday starting Sep 8th

WHEN? 17.00-18.00: Basketball for Boys age 12 to 18
18.00-19.00: Basketball for Women (age 16+)
19.00-21.00: Basketball for Men (age 18+)
18.00-19.00: Street Dance for Boys & Girls (U18)
19.00-20.00: Street Dance for Men & Women (18+)

WHERE? Hammersmith & West London College,
Barons Court

INFO: info@letmeplay.co.uk; 0845 009 0933;
www.letmeplay.co.uk



WHAT? **Maths, English, Science and Cultural Literacy**

WHO? Ebony Saturday School

WHEN? Saturdays, 11.00 – 13.00

WHERE? Edward Woods Community
Centre, Shepherds Bush

INFO: 020 8859 3388; www.ebonyeducation.com



WHAT? **Active Circle, Pro-Generation & Activity Club, children aged 5–9**

WHO? Britafrique

WHEN? Fridays, 18.00 – 20.00

WHERE? Bishop Creighton House
Settlement, Fulham

INFO: Michelle: 07904108422 /
07765568132 / 07754455231;
www.britafrique.org

WHAT? **Saturday Club for Children and Parents**

WHO? Romanca Society

WHEN? Saturdays, 12.00 – 15.00

WHERE? Shepherds Bush

INFO: rallu_13@yahoo.com
Raluca Milodin; 07593 033445;
www.romanca.co.uk
£30 per session

WHAT? **Nu-Life Health Club and Activities**

WHO? Nubian Life Resource Centre

WHEN? Wednesdays
11.30: Computer mentoring or
Breathing exercise classes
14:00 Tai Chi class

WHERE? Nubian Life Resource Centre,
White City

INFO: 020 8749 8017
andrealemard@nubian-life.org.uk
patricialazarus@nubian-life.org.uk

WHAT? **Gardening, painting, decorating: free of charge to Fulham residents who need help due to age or disability**

WHO? Fulham Good Neighbour
Service

WHERE? Fulham
info@fgns.co.uk;

INFO: 0207 385 8850

WHAT? **Partnerships: getting off to a good start**

WHO? Women's Resource Centre

WHEN? Wed 29th Sep, 9.30 – 16.00
Wed 13th Oct, 9.30 – 16.00

WHERE? WRC, London, EC1V 0BB

INFO: info@wrc.org.uk;
020 7324 3030
www.wrc.org.uk

WHAT? **Information on Special Education Needs**
WHO? Parentsactive & H&F Individual Progress Service
WHEN? Thu 14th Oct 10.00 - 14.30
INFO: info@parentsactive.org.uk; 020 8748 5168

WHAT? **Time of Your Life**
WHO? Hestia Housing and Support
WHEN? Fri 15th Oct, 10.30 – 17.00
WHERE? Hammersmith Town Hall
INFO: hflink@hestia.org; 020 7610 3644

WHAT? **Trustee Conference. Governing with Confidence: Leading Through Change**
WHO? NCVO in association with BWB
WHEN? Monday 18th October
WHERE? The Brewery, London, EC1
INFO: ncvo@ncvo-vol.org.uk; 020 7713 6161; www.ncvo-vol.org.uk

WHAT? **“Your Voice” Community Forum**
WHO? H&F Mind’s User Involvement Project
WHEN? Fri 29th October, 14.00
WHERE? Ellerslie Centre, Shepherds Bush
INFO: There’s no need to book ahead, just turn up!

WHAT? **West London sub-regional Trustees. Keep it Legal: Do it well/Survive & Thrive**
WHO? Third Age Foundation
WHEN? End of October, 18.00 – 21.00
INFO: info@thirdage.org.uk

WHAT? **The London Night Hike - See London in a different light**
WHO? Maggie’s Cancer Caring Centres
WHEN? Fri 17th Sep, 18.00
WHERE? The Guildhall, Channel 4, Horse Guards, Bloomberg Space, Royal Geographical Society, Royal Society of Medicine, Southbank Centre, City Hall, Royal Institute of British Architects
INFO: 0300 123 1801; londonnighthike@maggiescentres.org www.maggiescentres.org/nighthike

WHAT? **Monitoring public spending cuts on London’s BAME Third Sector**

WHO? MiNet
INFO: Kimerley@rota.org.uk



The purpose of this research is to map public spending cuts on the BAME Third Sector across the London boroughs and collect information on the different areas of service delivery where cuts are more prevalent. This will enable MiNet to accurately raise these concerns at a regional level for the benefit of London’s BAME Third Sector.

WHAT? **Introduction to the Catholic Faith**

WHO? Our Lady of Perpetual Help
WHEN? Thursday 30th September, 20.00
WHERE? Our Lady’s Hall, Catholic Church of Our Lady of Perpetual Help, Fulham
INFO: stephendaleroad@rcdow.org.uk; Father Roger on 020 7736 4864; www.ladyofperpetualhelp.org



WHAT? **The Story of the Drum AND Street Beat**

WHO? PATH – Programmes for Arts, Therapy & Health
WHEN? Fri 24th Sep, 11.00 – 15.00
Sat 25th Sep, 11.00 – 16.00
WHERE? Civic Centre, Hounslow
INFO: Cath De La Barrera: info@pathprogramme.com



WHAT? **Open House**

see a selection of the graduates’ short films and learn more about Filmmaking Certificate, Filmmaking Foundation Fortnight & Weekend.
WHO? London Film Academy
WHEN? Wed 15th Sep, 18.30 - 19.00
INFO: events@londonfilmacademy.com



WHAT? **Counselling Outreach Surgery**

WHO? Post-Adoption Centre (PAC)
WHEN? Weds: 15 Sep, 6 Oct, 17 Nov, 8 Dec
WHERE? H&F Irish Centre, Hammersmith
INFO: advice@postadoptioncentre.org.uk; www.postadoptioncentre.org.uk
Appointment only: Advice Line 020 7284 5879, Mon to Fri 10.00–13.00 plus Thu 17.30 – 19.30



WHAT? **Bishop Creighton House AGM and Annual Fair Fundraiser**

WHO? Bishop Creighton House
WHEN? Annual Fair – Sat 9th Oct, 14.00 - 16.30
AGM – Wed 10th Nov, 12.00 – 14.00
INFO: 020 7385 9689



Image Source: 3

THIRD SECTOR NETWORKS

Regeneration and renewal across the Borough

Do you want to be informed and get involved in shaping your Borough? Lots of regeneration programmes are in progress or proposed for H&F. It's important that you get involved and have your say, to ensure that skills and local needs are matched and built into regeneration, skills and employment programmes. For more information contact:
horatio.morgan@cavsa.org.uk.

NHS Health Watch Consultation

Many changes are planned for the NHS. This consultation will give you a voice in designing how HealthWatch will work. Please encourage your service users and community members to participate in the consultation to ensure your needs and views help to influence policy. The documents are available at www.dh.gov.uk/liberatingthenhs

CONSORTIUM BUILDING

Health and Social Care Consortium

Plans to set up a Health and Social Care Consortium were agreed by a meeting of voluntary and community organisations on 27th July 2010. The Consortium will develop a business strategy for tendering for public contracts, and will launch a membership drive in early November. Contact: shani.lee@cavsa.org.uk.

Supplementary Schools Consortium

CaVSA was successful in securing an extra £5,000 consultancy support through ACEVO, Voluntary Action Sheffield and the Social Investment Business to work with the Supplementary Schools Network to set up a Consortium by March 2011. The project includes a partnership with the Museums, Libraries and Archive Council. Contact: yinka.armartey@cavsa.org.uk.

CaVSA News

CASH

CASH has secured **£40,000** pa to provide services for the next four years. These include **accredited training** for volunteers, finance workers, treasurers and trustees; and **one to one coaching** and Financial Health Checks. Contact:

deborah.richards@cavsa.org.uk

FUNDRAISING

Heritage Lottery Fund.

Do you want to share or preserve your heritage or cultural traditions as they relate to the diverse heritage of the UK? The HLF offers you an opportunity to do so with awards ranging from £3,000 to £50,000. Contact:

horatio.morgan@cavsa.org.uk.



SOCIAL MEDIA

Twenty-two people from local organisations took part in the first Social Media Surgery at Palingswick House on 21st July. The Surgery is an informal opportunity to learn about social media from volunteers. It's completely free and lots of fun. The next Surgery is on 17th November. See page 8 for more information.

VOLUNTARY SECTOR APPRENTICESHIPS

- 7 new apprentices, bringing it to 18 apprentices in total
- 95% success rate for apprentices taking their Business NVQ Level 2
- FA sponsored VSA tickets to Community Shield and England games
- Welcome to new apprentices Callum Toner, Chahrazed Feroauche, Ceara McNulty, Lauren Graham and Lionel Ampadu. We wish you every success!

PREMISES

Last chance for you and your service users to have your say in the **LBHF Buildings Consultation** ENDS 30th SEPT!
www.citizenspace.com/local/lbhf/Buildings_Conultation

SUPPLEMENTARY SCHOOLS

Would you like to gain accreditation for your management skills and demonstrate your standards to funders? **Effective Management Skills in Supplementary Schools** is an Open College Network accredited training for coordinators, trustees, managers and volunteers. The course starts in the Autumn and runs for eight weeks. For more information contact: rachel.o'brien@cavsa.org.uk.

Generations Together Making Changes

“Younger (under 25) and older (50+) people are the two groups most affected by ageist attitudes and when we talk about abuse, poverty, lack of political voice and marginalisation these two groups are the most affected. They are doubly disadvantaged if they are also members of other socially excluded groups.”

The Beth Johnson Foundation Centre for Intergenerational Practice

Hammersmith and Fulham, in partnership with the voluntary and community sector, was selected as one of twelve national pilots for Generations Together – a programme about younger and older people working together. Twelve organisations are, between them, running fourteen innovative projects, ranging from £5,000 to £80,000, between now and March 2011, including: volunteering, performance arts, film and photography, and a community bicycle project.

The Lyric ran a successful project, H&F Engage, through the summer with young and older people devising a sell-out theatre performance called The Game of Life that explored relationships and attitudes about each generation. Herbal Haven - Thyme to Get Together and Heat You Art Out, two more successful projects, combined gardening, cooking, eating and exercise to promote healthy lifestyles and, on 27th May, graduate Social Enterprise Pioneers staged a stunning eco fashion event at the Hammersmith Club Riverside.

More new projects will take place in the Autumn including FreqOUT! Dance Together, Remembering the Scrubs, Bridge Builders and Gran Design and there will be many different opportunities to volunteer through H&F Volunteer Centre’s Volunteer Champions. For more information about volunteering, contact Irina Jarrett-Thorpe on 0208 7419 876 or e-mail irina@hfvc.org.uk.

CaVSA is delivering a Reporting and Promoting project, training younger and older people together to use social media techniques to record and publicise the many excellent examples of intergenerational work taking place in the borough. Volunteers learn how to use every day tools, like mobile phones, and free software to create stunning stories and low-cost, easy to do, web sites.



You can find out more about Generations Together at www.generationstogether.posterous.com

Upcoming Events

SEPTEMBER	9th 10.30 – 14.30	Health and Social Care Consortium Exploring Issues E-mail: shani.lee@cavsa.org.uk	TBC
	11th 10.00 – 16.00	Safeguarding Children in Supplementary Schools E-mail: rachel.o'brien@cavsa.org.uk	CaVSA, Hammersmith
	14th 9.00 – 13.00	Supplementary Schools Network Meeting E-mail: rachel.o'brien@cavsa.org.uk	Palingswick House, Hammersmith
	14th 10.00 – 16.00	Understanding Annual Accounts / Intro to Charity Accounts Tel: Gabriel on 020 8969 0747, Web: www.cash-online.org.uk	Palingswick House, Hammersmith
	21st 9.00 – 13.00	Supplementary Schools: Parents' Learning Session E-mail: rachel.o'brien@cavsa.org.uk	Rivercourt Methodist Church, Hammersmith
	23rd 11.00 – 17.00	Generations Together Social Media Workshop E-mail: shani.lee@cavsa.org.uk	Elizabeth Barnes Court, Fulham
	28th & 29th	Health & Social Care Consortium Business Strategy for Joint Tendering E-mail: shani.lee@cavsa.org.uk	Hammersmith
	29th 9.30 – 12.00	Regeneration, Employment and Environment Network E-mail: rachel.o'brien@cavsa.org.uk	TBC
	29th 10.00 – 16.00	H&F Refugee Forum & CASH: Preparing Budgets & Cash Flows Tel: Emad on 020 7386 9060	Bishop Creighton House, Fulham
	29th 18.00 – 20.30	Finance for Trustees Tel: Gabriel on 020 8969 0747, Web: www.cash-online.org.uk	Palingswick House, Hammersmith
30th 9.30 – 12.00	Health & Wellbeing Network E-mail: rachel.o'brien@cavsa.org.uk	TBC	

OCTOBER	1st 9.45 - 13.00	Introduction to Excel for Financial Management Tel: Gabriel on 020 8969 0747, Web: www.cash-online.org.uk	London Skills Academy, Shepherds Bush
	6th 9.30 – 12.00	Community, Sport & Culture Network E-mail: rachel.o'brien@cavsa.org.uk	TBC
	7th 9.30 - 12.00	Children's Third Sector Network E-mail: rachel.o'brien@cavsa.org.uk	TBC
	8th 9.45 - 16.00	Introduction to Excel-based Preparing Budgets & Cash Flows Tel: Gabriel on 020 8969 0747, Web: www.cash-online.org.uk	London Skills Academy, Shepherds Bush
	15th 9.45 - 16.00	Introduction to Excel-based Basic Book-keeping Tel: Gabriel on 020 8969 0747, Web: www.cash-online.org.uk	London Skills Academy, Shepherds Bush
	22nd 9.45 - 13.00	Introduction to Excel-based Bank Reconciliation Tel: Gabriel on 020 8969 0747, Web: www.cash-online.org.uk	London Skills Academy, Shepherds Bush
	22nd 13.50 - 16.00	Introduction to Excel-based Petty Cash Tel: Gabriel on 020 8969 0747, Web: www.cash-online.org.uk	London Skills Academy, Shepherds Bush
	26th 11.00 - 17.00	Generations Together Social Media Volunteers Day 1 E-mail: rachel.o'brien@cavsa.org.uk	Palingswick House, Hammersmith
	27th 9.45 - 13.00	Introduction Preparing for Independent Examination/Audit Tel: Gabriel on 020 8969 0747, Web: www.cash-online.org.uk	London Skills Academy, Shepherds Bush
	29th 9.45 - 16.00	Introduction to Excel-based Management Accounts Tel: Gabriel on 020 8969 0747, Web: www.cash-online.org.uk	London Skills Academy, Shepherds Bush

NOVEMBER	5th 9.45 - 16.00	Introduction to Excel-based Final Accounts Tel: Gabriel on 020 8969 0747, Web: www.cash-online.org.uk	London Skills Academy, Shepherds Bush
	10th 11.00 - 17.00	Generations Together Social Media Volunteers Day 2 E-mail: rachel.o'brien@cavsa.org.uk	Palingswick House, Hammersmith
	17th 11.00 - 14.00	Social Media Surgery E-mail: rachel.o'brien@cavsa.org.uk	Palingswick House, Hammersmith

DEC	2nd 14.00 - 16.00	CaVSA AGM E-mail: rachel.o'brien@cavsa.org.uk	Grove Neighbourhood Centre, Hammersmith
	7th 9.00 - 13.00	Supplementary Schools Network Meeting E-mail: rachel.o'brien@cavsa.org.uk	Palingswick House, Hammersmith